

Физкультминутка.

The first	Run and jump and dance
The second	Turn around 1,2,3
The third	Make your right foot tap, tap, tap. Make your left foot tap, tap, tap
The fourth	Point to the window, to the door, to the board, to the floor
The fifth	Clap, 1,2,3,4 and stamp your feet.
The sixth	Hands up, hands down
The seventh	Look left, right, look up, down.
The eighth	Show me your shoulders, your neck, your back, your head,
The ninth	Clap left, right, clap up, down.
The tenth	Turn around, sit down, touch something <i>brown</i> .